For immediate release Contact: Laura Olk, Emons Verlag laura.olk@111places.com +49 221 56977 231

Women's contributions are often lost over time – until now

A New Guidebook Reveals Women's History in Washington, DC

Washington, DC: A new guidebook highlights the contributions and stories of women in Washington, DC. *111 Places in Women's History in Washington, DC That You Must Not Miss* (Emons Publishing, October 25, 2021; US\$20.00, paperback with flaps) is the first guidebook that features the places where women have left their mark.

"Art, education, government, protests, institutions, food – women's history is everyone's history," says author Kaitlin Calogera, Founder and President of A Tour Of Her Own (TOHO), the first tourism company in Washington, DC to focus exclusively on women's history. "We are honored to shine a light on pioneering and innovative women who have changed the world."

This new guidebook is part of the international *111 Places* series geared primarily towards local residents. Colorful photographs by Cynthia Schiavetto Staliunas illustrate every chapter in the guidebook. Detailed maps provide the location of each place, so readers can plot their women's history excursions across the capital city.

The authors highlight women from all walks of life. The First Ladies Water Garden at the US Botanic Garden was the initiative of six living first ladies and pays tribute to the important and unsung work of presidential spouses. The Female RE-Enactors of Distinction, or FREED Ladies, bring to life the wartime experiences of women at the African American Civil War Museum on Vermont Avenue, NW. Hidden Figures Way commemorates the role of Black women in space exploration. The sacrifices made by women in the military are recognized at the Vietnam Women's Memorial and the American Veterans Disabled for Life Memorial.

Women have fought for justice, rights, and equality throughout history, and this guidebook follows their footsteps in DC. The Mansion on O Street, known for its hidden passages and irresistibly quirky designs, became refuge of safety and healing for activist Rosa Parks in her later years. An art deco monument in Glenwood Cemetery marks the grave of Sara Andrews Spencer, who fought for women's suffrage. The Dorothy Height Post Office on Massachusetts Avenue is named after the woman known as the "Godmother of Civil Rights" and is the first federal building in Washington, DC to be named for an African American woman.

"We also thought it was important to include places where women are making exciting and inspiring contributions to culture and daily life in DC today and for the future," says author Rebecca Grawl, Vice President of Education at TOHO.

Republic Restoratives is a distillery founded by two women that offers politically inspired spirits, like Madam, a whisky tribute to Vice President Kamala Harris. Just blocks from the White House, Hotel Zena offers fine accommodations in a space that tells stories of women's empowerment through art and design. Vanilla Beane has designed and created stylish hats for the grand dames of DC for decades at Bené Millinery. La Cosecha is a market where entrepreneurial women sell unique Latin American home goods and flavorful foods.

"Our aim for this guidebook," says Calogera, "is to take people who live in the Washington, DC area and visitors from across the country and around the globe on a treasure hunt across the city to discover the legacy of women in our nation's capital."



This book is part of the illustrated *111 Places* guidebook series for locals and experienced travelers – the ultimate staycation guides. Each guidebook presents a city, region, country, or specialty theme from a wonderfully different and personal perspective. Go off the beaten path to find the hidden places, stories, shops, and neighborhoods that unlock a destination's true character, history, and flavor. The series is published by Emons Publishing in Cologne, Germany and New York, NY. <u>www.111Places.com</u>

About the Team



Kaitlin Calogera embarked on a journey of entrepreneurship when she launched A Tour Of Her Own, the first tourism company in Washington, DC to focus exclusively on women's history. As a licensed tour guide, she recognized a lack of women's stories being represented in public spaces, so special events and historical tours. With a degree in history and a background coaching women's athletics, Kaitlin believes in the power of tourism to promote gender equality and education beyond the classroom.



Rebecca Grawl is a professional DC tour guide with more than a decade's experience in public history, museum education, and tourism. She is a founding member of A Tour of Her Own. She is a proud graduate of Randolph-Macon Woman's College, member of the National Society Daughters of the American Revolution as well as an alumnae and senior leader with the National Society Children of the American Revolution. Rebecca can be seen on Mysteries at the Museum on the Travel Channel, heard on the Tour Guide Tell All podcast, and other media outlets.



Cynthia Schiavetto Staliunas is an internationally awarded and published fine art and destination photographer based in the Washington, DC area. With a background in psychology and cosmetology, her mission is to revolutionize the way women see themselves through her photography, with a focus on and passion for phototherapy and women's empowerment. She enjoys traveling the world and learning new languages.